

HARI VIDYA BHAWAN

Session 2021-2022

Subject- Physical Education (048)

Class -12th

Chapter- 1 (Planning In Sports)

Worksheet-2

General Instructions :

- You have to do the worksheet in your **fair Notebook**.
- Maintain **Two Separate Notebooks** for the worksheets & mark it **Notebook no. 1 & No. 2**
- In **Notebook no.1** you have to do the worksheets from **1st to 15th date of month** & in **Notebook no.2** you have to do the worksheets from **16th to 31st date of month**
- Maintain your notebooks properly with **Cover & Index**
- Work should be **Neat & Clean**.

Topic- Tournaments and Types of Tournaments

One Word Answers /MCQ

Q.1. How many byes will be given if 19 teams are participating in a knock out tournament?

A) 12. B) 13. C) 14. D) 15

Q.2. Tournament are helpful for the development of:

A) social qualities. B) selection of players. C) sports skill. D) all the above

Q3. In which type of tournament, a team once defeated gets eliminated from the tournament?

A) League B) knockout C) challenge D) Round Robin

Shorts Answers Questions

Q.4. What is the importance of tournaments? Discuss any three points.

Q.5. Briefly explain the advantages and disadvantages of knock out tournaments .

Q. 6. Briefly mention the advantages and disadvantages of league tournaments.

Q. 7. Draw a fixture of 13 teams on the basis of knock out tournament.

Q. 8. Draw a fixture of 9 teams on league basis following the cyclic method

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Long Answers Questions

Q. 9. What do you mean by BYE? Draw the fixture of 21 teams on knockout tournaments.